

Mental Health Resources:

Alternative Behavioral Care - Child (4-12), Adolescent (12-17) and adult mental health and substance abuse services including screenings, chemical dependency treatment, therapy, intensive outpatient and partial hospitalization services, case management, weekly intensive counseling, and medication management. *Free 30 minute initial session

225 Spencer Rd. Suite 101 St. Peters, MO **1-636-477-6111**

Alternative Options Counseling Service - multicultural individual, family and group counseling

1137 N. Main St. Suite 2 O'Fallon, MO **1-636-379-4433**

Andy Anderson, MA, LPC, KPMT - Parent management training class

567 Madison Street St. Charles, MO **1-636-699-0872**

Boys and Girls Club of St. Charles County - recreational and social activities, athletic programs, clubs, special interest groups, library and counseling services for youth

#1 Club Way O'Fallon, MO **1-636-240-9150**

Bridgeway Behavioral Health - addictive disorders, sexual assault and domestic violence

Administration Office

1570 S. Main Street St. Charles, MO **1-636-757-2300**

Adolescent Services

1559 Old S. River Road St. Charles, MO **1-636-395-7101**

Outpatient

1011 E. Cherry St. Troy, MO **1-636-224-1500**

Churchill Family Counseling, LLC

1428 N. Hwy 47 Ste. A Warrenton, MO

Individual and Family Counseling

Cariad Counseling

103 S. Lincoln Dr. Troy, MO **1-636-253-3503**

Individual and Group Counseling, LGBTQ Youth Support Group

Center Pointe Hospital private psychiatric hospital for ages 13 and older; Private evaluation, crisis stabilization, acute care, and/or residential care; partial hospitalization, intensive outpatient, chemical dependency and ongoing consumer centered outpatient programs.

5931 Highway 94 South, St. Charles, MO 63304 **1-636-477-2120**

4801 Weldon Springs Pkwy. St. Charles, MO **1-800-345-5407**

Charlene Hovmand Warner, MSW, LCSW

408 Jefferson St. St. Charles, MO **1-314-740-9013**

Charlenehw@att.net or Charlene@kscounselingstl.com

Comprehensive Mental Health - Individual, marital, family and group therapy for adults and children

200 South Kingshighway St. Charles, MO **1-636-949-2650**

Crider Health Center

19515 Brune Parkway **1-636-456-1500**

Adult Primary Care, Pediatrics, Dental Care, Behavioral Health (mental health/ substance use)

Emotional Change

404 East Booneslick Suite B Warrenton, MO **1-314-472-3411**

*Flexible rates for non-insured clients

Family Life Counseling and Psychological Services, LLC - Individual therapy, marriage counseling, family therapy and psychological evaluations
4142 Keaton Crossing Blvd. Suite 101 O'Fallon, MO **1-636-300-9333**

Generations Counseling
5988 Mid Rivers Mall Dr. St. Charles, MO **1-636-229-5679**
Individual Counseling (\$80), Marriage Counseling (\$95), Family Counseling (\$95)
Payments can be made by cash, check, credit card or HSA/FSA cards

Holistic Psychotherapy - Julia Schopp, MA, PLPC
1022 First Capitol Dr. St. Charles, MO **1-314-808-2346**
*Trauma therapy (EMDR and DBT)

Life Connect Counseling Services, LLC- Individual, Couples and Family Therapy
1550 Wall Street Suite 16C St. Charles, MO **1-636-328-6543**
*Accepts MOHealthNet and offers sliding scale based on income

Lynn Joyce, LCSW
606 D North Highway 47 Warrenton, MO **1-636-359-7322**

River Birch Counseling Center
1286 Jungermann Rd. Suite G St. Peters, MO **1-636-498-0700**

Sandhill Counseling and Consultation
801 Woodlawn Ave. Suite 15 O'Fallon, MO **1-636-379-1779**

SSM Saint Joseph Health Center- Inpatient and Outpatient Services
500 Medical Dr. Wentzville, MO **1-636-327-1157**
Adolescent Inpatient Services (Ages 13-17) **Intake: 1-800-426-2083**

Step-by-Step Counseling
2081 Collier Corporate Parkway **1-636-255-0002**
*Play therapy

The Collaborative Counseling - Consultation - Resources, LLC
1480 Woodstone Dr. #112 St. Charles, MO **1-636-477-6500**
*Individual, Family, Play and Group Counseling

The Child Center Inc. - A child advocacy center that aims to help the young victims of sexual abuse, physical abuse and those that witness violence
989 Heritage Pkwy. Wentzville, MO **1-636-332-0899**

Wentzville Counseling Services, LLC
24 West Main Street Suite 314 Wentzville, MO **1-636-293-2361**

Mental Health Crisis lines:

Behavioral Health Response **1-314-469-6644**

Kids Under Twenty One Crisis Hotline
Sunday - Thursday 4:00pm - 10:00pm **1-888-644-5886**
Friday and Saturday 4:00pm- 12:00am

National Suicide Prevention Hotline **1-800-273-TALK (8255)**

National Text Crisis Line **Text "GO" to 741741**

Provident Crisis Intervention Hotline **1-314-647-HELP(4357)**

SAMHSA Hotline **1-800-622-HELP(4357)**